1/2

	Г			4 6	8.			1.	T	
	T.2		Oldany and Elbertyn- adrice	Consume tood products, such as for example vegetables and first, a.g. outsitence and disturbed for disturbing of vegetables.	Avoid consumption of increase consumption of scarces of Nerobicos, book products brown to (e.g. PAN) bared in, for Hobos Phaze II example, the gribe of membrales in, e.g. for a cost and arrands conclineous and alium fest,	fromme contumption of bod products known to included Pinse ii metabotismus and afflan family vegetables.	troreso consumption of the products former to traver Phone in metabolism, e.g. overteens and silem family vegetables.	konsee consumption of tood products known to ridiuse Phase il matcholam, e.g. crudhecus and allum /amily vegradaties.	Consume bod products, such as for commple superiodism and fluit, e.g. outsilerous and satim femility of respectobes.	horses consurption of thoughton bown to the products bown to the products bown to the products of the tendent way of the tendent to the tendent tendent to the tendent tenden
	DATA SET 2		Foods and other materials to avoid	Roctore consumption of sources of Nembrica (e.g. PAH) lburd is, for exempte, chargilled red mest and emoked feit.	Avoid consumption of sources of Xerobidos (e.g. PAH) beard in for exemple, cites grillod red meet and arroadd Sch.	Avoid consumption of scorpus of Xerobiotics (e.g. PMI) thand in the countries, chan-gilled me meast and smotood fish.	Avoid contraction of family vessels for the Architecture and such that of the family o	Aveid communication of increase consumeration of Managaria, thou products in the PAM State of the Indicate Phase is the PAM State of the Indicate Phase is not made and student consumeration of the Indicate	Reduce carsumption of powerful procentragers (e.g. Avdy found in for comple, chargibed red most and smaked fielt.	Arcid consumption of sources of Membridges of Poly (burd) is, but company of the poly red eved and smotod of figh.
	DATA SET 1	y ranking	Very Migh Birscandibility		:					, , , , , , , , , , , , , , , , , , , ,
			न्यातीय स्थापन		YES		YES		·	YES
		Genetic Susceptability ranking	Moderate Increse in Succession		·	YES		YES		
		Genetic S	Normal Sereceptibility	YES					YES	
-		•	Reduces							
FIGURE 1			Hanacagaca or balancayada relative to wild type	Homosygna	Homongoda	Helerocygobie	Nonezypole	Hearmygoles	Hemosygude	Homozygote
			Links with higher rinks of cancer susceptivity				•			
			Links with Cascer susceptibilities	Coloracial urbary bladder, breast cost cavity, stomach, and lang centers	Coloracial, urbany thactor, breast, codi cashy, storeach, and larg cancers.		Colonical, urbany blacker, broost, oral carty, alconech, ard lung corners.	,		Colon carroot
	-		Polymorphisms	CypiAt-A (MBd type)	Оринс		Be-Vel polymorphism		MAT1'4 (wild type)	WTYYD
			Gers Marter CYP				·	7. VY		
			Exemples of Gase Prose	Genes that code for engines a responsible for the demofication of sendolotics in Phase I metabolism						
	•		German Gene Marker Type Type I				٠			·

2/2

Figure 2

20

Input Dataset 3 (Alleles Present in Subject's DNA) Match Each Allele with Lifestyle Risk Factor from Dataset 1

Match Lifestyle Risk Factor with Lifestyle Recommendation from Dataset 2

> Cross -reference Lifestyle Recommendation with Other Factors (e.g. sex, existing diet) and amend recommendation as appropriate

Generate Lifestyle Recommendation matched to allele and other factors

Combine Lifestyle Recommendations corresponding to each identified allele

Personalised Lifestyle Advice Plan